

## HSINCHU AMERICAN SCHOOL 2025 August Lunch Menu



				8/1 (Fri)
				Summer Break 暑假
8/4 (Mon)	8/5 (Tues)	8/6 (Wed)	8/7 (Thurs)	8/8 (Fri)
Summer Break 暑假	Summer Break 暑假	Summer Break 暑假	Summer Break 暑假	Summer Break 暑假
8/11 (Mon)	8/12 (Tues)	8/13 (Wed)	8/14 (Thurs)	8/15 (Fri)
Kimchi Pork Strips 泡菜豬柳	Braised Pork with Potatoes 馬鈴薯燉肉	Chicken Curry 咖哩雞	Pineapple-Sauced Steamed Sea Bass 鳳梨醬蒸鱸魚片	Boneless Spicy Pepper Chicken 無骨椒麻雞
Side Dish 配菜 Braised Eggs. 油蛋 Tofu Skin with Napa Cabbage 豆皮大白菜 Custard Bun 奶皇包	Side Dish 配菜 Stir-Fried Malabar Spinach炒皇宮菜 Tomato Scrambled egg. 蕃茄炒蛋 Butter Corn Kernels 奶油玉米粒	Side Dish 配菜 Stir-Fried Ground Pork with Long Beans 肉末炒長豆 Braised Tofu in Soy-Based Sauce紅燒豆腐 Fried Tempura炸甜不辣	Side Dish 配菜 Sweet and Sour Cabbage 醋溜高麗菜 Scrambled Eggs with Onions洋蔥炒蛋 Potato Wedges帶皮薯條	Side Dish 配菜 Garlic Stir-fried Water Spinach蒜香空心菜 Steamed Egg with Shrimp 小蝦仁蒸蛋 Potato salad 馬鈴薯沙拉
Halal清真主餐: Stir-Fried Beef Tenderloin with Black Pepper 黑椒炒牛柳	Halal清真主餐: Orange Sauce Chicken Balls澄汁雞球	Halal清真主餐: Chicken Curry 咖哩雞	Halal清真主餐: Pineapple-Sauced Steamed Sea Bass 鳳梨醬蒸鱸魚片	Halal清真主餐: Japanese Fried Chicken 唐場炸難
8/18 (Mon)	8/19 (Tues)	8/20 (Wed)	8/21 (Thurs)	8/22 (Fri)
Stir-Fried Beef with Black Pepper and Scallions 黑胡椒青蔥牛肉	Chicken curry 咖哩雞球	Five-Spice Braised Pork Chop五香滷豬排 Spaghetti with Tomato Red Sauce 紅醬茄汁義大利麵	Sweet and Sour Pork 糖醋肉	Braised Chicken with Taro 芋頭燒雞球
Side Dish 配菜 Garlic-Marinated Cucumber Salad 蒜香涼拌小黃瓜 Tomato Scrambled eggs 蕃茄炒蛋 French Fries炸薯條	Side Dish 配菜 Stir-Fried Loofah with Goji Berries and Shio Koji 鹽麴构杞絲瓜 Spicy Soft Tofu麻辣嫩豆腐 Siomai燒賣	Side Dish 配菜 Stir-Fried Bean Curd Sheets with Pickled Mustard Greens 酸 菜炒豆包 Stir-Fried Sweet Potato Leaves炒地瓜葉 Sweet Potato Fries With Plum Powder 梅粉薯條	Side Dish 配菜 Scrambled Eggs with Whitebait吻魚炒蛋 Oyster Sauce Bok Choy蟒油青江菜 Custard Bun奶皇包	Side Dish 配菜 Scrambled Eggs with Corn五米炒蛋 Water Spinach with Fermented Bean Curd腐乳空心菜 Steamed Brown Sugar Buns蒸黑糖小饅頭
Halal清真主餐: Bean Sprout Beef Stir-fry 豆芽炒牛肉	Halal清真主餐: Chicken curry 咖哩雞球	Halal清真主管: Stir-Fried Chicken with Spicy Bean Sauce 醬爆雞球	Halal清真主餐: Stir-Fried Beef with Silky Egg 滑蛋牛肉	Halal清真主餐: Boneless Spicy Pepper Chicken 無骨椒麻雞
8/25 (Mon)	8/26 (Tues)	8/27 (Wed)	8/28 (Thurs)	8/29 (Fri)
Sliced Pork with Garlic Sauce 蒜泥白肉	Braised Pork with Potatoes 馬鈴薯燉肉	Kung Pao Chicken Bites 宮保雞球 Spaghetti with Tomato Red Sauce 紅醬茄汁義大利麵 Side Dish 配菜	Stir-Fried Salted Pork with Onions 洋蔥炒鹹豬肉	Stir-Fried Pork Slices with Shredded Pickled Mustard Greens 榨菜絲炒肉片
Side Dish 配菜 Braised Eggs魯蛋 Stir-Fried Sponge Gourd with Garlic 蒜香炒瓢瓜 Custard Bun奶皇包	Side Dish 配菜 SBaked Pumpkin with Cheese 起士烔南瓜 Tomato scrambled egg·蕃茄炒蛋 Butter Corn Kernels奶油玉米粒	Side Uris But # Braised Eggplant in Soy Sauce 紅塊茄子 Stir-Fried Green Beans with Minced Pork 肉末炒四季豆 Siomai燒賣 Halai潰真主餐:	Side Dish 配菜 Savory Cabbage Stir-Fry with Bean Curd Sauce腐乳高麗菜 Scramblet Eggs with Edamame毛豆炒蛋 Potato Wedges帶皮薯條	Side Dish 配菜 Garlic Water Spinach蒜香空心菜 Steamed Egg with Shrimp 小蝦仁蒸蛋 Turnip Cake蘿蔔糕
Halal清真主 <b>答:</b> Stir-Fried Beef Tenderloin with Black Pepper 黑椒炒牛柳	Halal清真主餐: Fried Chicken Cutlet 炸雞排	Halal清典主管: Kung Pao Chicken Bites 宮保難球	Halal清真主餐: Boneless Chicken with Scallion Oil 無骨蔥油雞	Halal清真主餐: Japanese Fried Chicken 唐揚炸雞