

2025 October Lunch Menu



		10/1 (Wed) Sautéed Pork with Pickled Cabbage 酸白菜炒豬肉 Side Dish 配菜 Jinsha Tofu金沙豆腐 Edamame scrambled eggs毛豆炒蛋 Steamed Vegetable Silver Rolls蒸銀絲卷 Halal清真主餐: Lemon Chicken Roll 檸檬雞肉卷	10/2 (Thurs) Braised Lion's Head Meatballs 紅燒獅子頭 Side Dish 配菜 Corn & Egg Stir-fry玉米炒蛋 Stir-fried Broccoli清炒花椰菜 Basil Seaweed塔香海帶 Halal清真主餐: Plum Roasted Chicken 梅子燒雞	10/3 (Fri) Sweet & Sour Pineapple Chicken 鳳梨咕咾雞 Side Dish 配菜 Amaranth & Whitebait吻魚莧菜 Vermicelli with Minced Pork蠔蠔上樹 Steamed Custard Bun蒸奶皇包 Halal清真主餐: Sweet & Sour Pineapple Chicken 鳳梨咕咾雞
10/6 (Mon) Mid-Autumn Festival 中秋節	10/7 (Tues) Main Dish: Curry Chicken Balls 咖哩雞球 Side Dish 配菜 Braised Cabbage白菜滷 Braised Tofu紅燒豆腐 Steamed Silver Rolls蒸銀絲卷 Halal清真主餐: Curry Chicken 咖哩雞	10/8 (Wed) Tomato Cheese Baked Pork Chop. 蕃茄起士焗豬排 Red Sauce Pasta紅醬義大利麵 Side Dish 配菜 Mixed Bell Pepper Vegetables彩椒時蔬 Radish Omelette菜脯蛋 Potato Salad馬鈴薯沙拉 Halal清真主餐: Stir-fried Chicken Cubes 醬爆雞球	10/9 (Thurs) Sweet and Sour Sea Bass Slices 糖醋鱸魚片 Side Dish 配菜 Teppanyaki Tofu鐵板豆腐 Bacon Cabbage培根高麗菜 Braised Egg滷蛋 Halal清真主餐: Sweet and Sour Fish Fillet 糖醋魚片	10/10 (Fri) Nitional Day 國慶日
10/13 (Mon) Water-Boiled Beef 水煮牛 Side Dish 配菜 Scrambled Eggs w/ Tomato炒蕃茄蛋 Stir-fried Napa Cabbage炒大白菜 Honey Sweet Potato蜜地瓜 Halal清真主餐: Water-Boiled Beef 水煮牛	10/14 (Tues) Sweet & Sour Pork 糖醋咕咾肉 Side Dish 配菜 Minced Pork w/ String Beans肉末四季豆 Garlic Broccoli蒜香花椰菜 Custard Bun奶皇包 Halal清真主餐: Fried Chicken Steak 炸雞排	10/15 (Wed) Braised Lion's Head Meatballs 紅燒獅子頭 Side Dish 配菜 Stir-fried Goose Cabbage炒鴨白菜 Chilled Tofu Snack涼拌豆乾 Shaomai Dumpling燒賣 Halal清真主餐: Kung Pao Chicken Cubes 宮保雞球	10/16 (Thurs) Steamed Sea Bass Fillet 清蒸鱸魚片 Side Dish 配菜 Fried Tofu w/ Bamboo Shoots油豆腐筍絲 Corn & Egg Stir-fry玉米炒蛋 Turnip Cake蘿蔔糕 Halal清真主餐: Boneless Scallion Oil Chicken 無骨蔥油雞	10/17 (Fri) Taro & Roasted Chicken 芋頭燒雞 Side Dish 配菜 Century Egg Tofu皮蛋豆腐 Edamame & Egg Stir-fry毛豆炒蛋 Steamed Silver Bun蒸銀絲卷 Halal清真主餐: Teriyaki Chicken Steak 芋頭燒雞
10/20 (Mon) Main Dish: Stir-fried beef with onions 洋葱炒牛肉 Side Dish 配菜 Garlic water spinach蒜香空心菜 Crab roe and egg tofu蟹粉蛋豆腐 Takoyaki章魚燒 Halal清真主餐: Stir-fried beef with onions 洋葱炒牛肉	10/21 (Tues) Sliced Pig Trotter w/ Bamboo Shoots 筍絲扒元蹄 Side Dish 配菜 Kanto Stew關東煮 Goose Cabbage鵝白菜 Brown Sugar Bun黑糖饅頭 Halal清真主餐: Scallion Oil Boneless Chicken 蔥油無骨雞	10/22 (Wed) Braised Pork Chop w/ Onion 洋葱焗豬排 Red Sauce Pasta 紅醬義大利麵 Side Dish 配菜 Cabbage scrambled eggs高麗菜炒蛋 Shredded pork and cucumber小黃瓜炒肉絲 French fries with skin on帶皮薯條 Halal清真主餐: Stir-fried Chicken Cubes 醬爆雞球	10/23 (Thurs) Twice-cooked Pork Slices 回鍋肉片 Side Dish 配菜 Garlic Curry蒜香蟹寶 Mushroom Stir-fried Tofu菇菇炒豆腐 Custard Bun奶皇包 Halal清真主餐: Scrambled Egg Beef 滑蛋牛肉	10/24 (Fri) Make-Up Holiday for Retrocession Day 光復節補假
10/27 (Mon) Beef with Chinese Broccoli in Oyster Sauce 蠔油芥蘭牛肉 Side Dish 配菜 Scrambled Eggs with Scallions 青蔥炒蛋 Stir-fried Chinese Cabbage炒青江菜 Sweet Potato蜜地瓜 Halal清真主餐: Beef with Chinese Broccoli in Oyster Sauce 蠔油芥蘭牛肉	10/28 (Tues) Cordon Bleu Pork 藍帶豬排 Side Dish 配菜 Mapo Tofu麻辣豆腐 Creamy Cucumber奶油奶瓜 Scrambled Eggs with Onions洋蔥炒蛋 Halal清真主餐: Stir-fried Chicken Balls with Sauce 醬爆炒雞球	10/29 (Wed) Lemon Chicken Roll 檸檬雞卷 Side Dish 配菜 Braised Tofu紅燒豆腐 Scrambled Eggs with Edamame毛豆炒蛋 Steamed Silver Roll蒸銀絲卷 Halal清真主餐: Three-Cup Chicken Balls 三杯雞球	10/30 (Thurs) Stir-fried Pork with Green Peppers 青椒炒豬肉絲 Side Dish 配菜 Grilled Tofu鐵板豆腐 Scrambled Eggs with Onions洋蔥炒蛋 Steamed Silver Rolls蒸銀絲卷 Halal清真主餐: Lemon Chicken Rolls 酥炸雞排	10/31 (Thurs) Braised Pork Knuckle with Bamboo Shoots 筍絲扒元蹄 Side Dish 配菜 Golden Sand Tofu金沙豆腐 Steamed Eggs蒸蛋 Steamed Silver Rolls 蒸銀絲卷 Halal清真主餐: Lemon Chicken Rolls 黑胡椒牛肉