

2025 September Lunch Menu



9/1 (Mon) Sautéed Beef with Green Pepper 青椒牛肉片 Side Dish 配菜 Stir-fried Cabbage炒高麗菜 Creamed Corn奶油玉米 Steamed Sweet Buns銀絲卷 Halal清真主餐: Sautéed Beef with Green Pepper青椒牛肉片	9/2 (Tues) Braised Pork with Potato 馬鈴薯燉肉 Side Dish 配菜 Edamame with Egg炒青江菜 Stir-fried Cabbage塔香茄子 Potato Salad蜜地瓜 Halal清真主餐: Curry Chicken橙汁雞球	9/3 (Wed) Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Edamame with Egg毛豆炒蛋 Stir-fried Cabbage炒高麗菜 Potato Salad馬鈴薯沙拉 Halal清真主餐: Curry Chicken咖哩雞	9/4 (Thurs) Plum Sauce Chicken 梅子燒雞 Side Dish 配菜 Corn with Egg玉米炒蛋 Basil Eggplant塔香茄子 Skin-on French Fries帶皮薯條 Halal清真主餐: 梅子燒雞Plum Sauce Chicken	9/5 (Fri) Sweet & Sour Pineapple Chicken 鳳梨咕咾雞 Side Dish 配菜 Amaranth with Whitebait吻魚莧菜 Vermicelli with Minced Pork 蠟燭上樹 Steamed Meatball清蒸肉圓 Halal清真主餐: Sweet & Sour Pineapple Chicken 鳳梨咕咾雞
9/8 (Mon) Stir-fried Beef with Cucumber in Soy Sauce 醬爆黃瓜牛肉 Side Dish 配菜 Bean Curd with Napa Cabbage豆皮大白菜 Tomato with Egg蕃茄炒蛋 Siu Mai Dumplings燒賣 Halal清真主餐: Stir-fried Beef with Cucumber in Soy Sauce醬爆黃瓜牛肉	9/9 (Tues) 蔥油無骨雞 Boneless Chicken with Scallion Oil Side Dish 配菜 Stir-fried Cabbage炒高麗菜 Braised Tofu紅燒豆腐 Steamed Sweet Buns蒸銀絲卷 Halal清真主餐: Boneless Chicken with Scallion Oil蔥油無骨雞	9/10 (Wed) Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Minced Meat with Beans肉末炒豆子 Oden關東煮 Potato Salad馬鈴薯沙拉 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce醬爆雞球	9/11 (Thurs) 雙色燉肉 Braised Pork Side Dish 配菜 Iron Plate Tofu鐵板豆腐 Stir-fried Cabbage炒高麗菜 Braised Egg魯蛋 Halal清真主餐: Beef with Scrambled Egg滑蛋牛肉	9/12 (Fri) 檸檬雞肉卷 Lemon Chicken Roll Side Dish 配菜 Stir-fried Cabbage清炒高麗菜 Corn with Egg玉米炒蛋 Candied Sweet Potato蜜地瓜 Halal清真主餐: Lemon Chicken Roll檸檬雞肉卷
9/15 (Mon) Pasta with Red Sauce 泡菜炒牛肉片 Side Dish 配菜 Stir-fried Chinese Cabbage毛豆炒蛋 Cold Bean Curd炒青江菜 Siu Mai Dumplings蜜地瓜 Halal清真主餐: Kung Pao Chicken Balls泡菜炒牛肉片	9/16 (Tues) Sweet & Sour Pork 糖醋咕咾肉 Side Dish 配菜 Dry-fried String Beans乾煸四季豆 Bean Curd with Napa Cabbage豆皮大白菜 Custard Bun奶皇包 Halal清真主餐: Fried Chicken Cutlet炸雞排	9/17 (Wed) Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Stir-fried Chinese Cabbage炒鴨白菜 Cold Bean Curd涼拌豆乾 Siu Mai Dumplings燒賣 Halal清真主餐: Kung Pao Chicken Balls宮保雞球	9/18 (Thurs) Braised Pork 雙色燉肉 Side Dish 配菜 Oil Tofu with Bamboo Shoots油豆腐筍絲 Corn with Egg玉米炒蛋 Turnip Cake蘿蔔糕 Halal清真主餐: Boneless Chicken with Scallion Oil無骨蔥油雞	9/19 (Fri) Thai Chili Chicken 泰式椒麻雞 Side Dish 配菜 Salted Egg Tofu金沙豆腐 Edamame with Egg毛豆炒蛋 Steamed Sweet Buns蒸銀絲卷 Halal清真主餐: Lemon Chicken Roll檸檬雞肉卷
9/22 (Mon) Black Pepper Beef Fillet 黑胡椒牛柳 Side Dish 配菜 Garlic Water Spinach蒜香空心菜 Salted Egg Tofu金沙豆腐 Takoyaki章魚燒 Halal清真主餐: Black Pepper Beef Fillet黑胡椒牛柳	9/23 (Tues) Thai Basil Minced Pork 打拋豬肉 Side Dish 配菜 Oden關東煮 Basil Eggplant塔香茄子 Brown Sugar Steamed Bun黑糖饅頭 Halal清真主餐: Boneless Chicken with Scallion Oil蔥油無骨雞	9/24 (Wed) Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Cabbage with Egg高麗菜炒蛋 Stir-fried Pork with Cucumber小黃瓜炒肉絲 Steamed Meatball清蒸肉圓 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce醬爆雞球	9/25 (Thurs) Stir-fried Pork Belly with Scallion 蔥爆五花肉片 Side Dish 配菜 Garlic Sautéed Chayote Leaves蒜香龍鬚菜 Fried Shrimp Roll炸蝦卷 Custard Bun奶皇包 Halal清真主餐: Beef with Scrambled Egg滑蛋牛肉	9/26 (Fri) Stir-fried Pork Belly in Soy Sauce 醬爆五花肉 Side Dish 配菜 Stir-fried Bamboo Shoots炒桂竹筍 Scallion with Egg香蔥炒蛋 Steamed Sweet Buns蒸銀絲卷 Halal清真主餐: Lemon Chicken Roll檸檬雞肉卷
9/29 (Mon) Make-Up Holiday for Teacher's Day 教師節補假	9/30 (Tues) Railway Pork Chop 鐵道豬排 Side Dish 配菜 Mapo Tofu麻婆豆腐 Creamed Squash奶油南瓜 Onion with Egg洋葱炒蛋 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce醬爆雞球			