

2026 September Lunch Menu 2026年9月午餐菜單



Date日期	8/31 Monday)	9/1 (Tuesday)	9/2 (Wednesday)	9/3 (Thursday)	9/4 (Friday)
Lunch Menu 菜單		酥炸魷魚圈	蕃茄燉牛肉	五香雞丁	冬瓜燒五花
		Crispy Fried Squid Rings	Tomato-Braised Beef	Spiced Chicken	Braised pork belly with winter melon
		滑蛋雞肉	塔香滷雞丁	茄汁肉柳	唐揚炸雞
		Chicken with smooth egg	Basil Braised Diced Chicken	Tomato Sauce Pork Tenderloin	Karaage Chicken
		白菜香菇	大瓜鮮菇	腐皮胡瓜	枸杞青花菜
		Cabbage, Shiitake Mushrooms	Big melon and fresh mushroom	Cucumber with Tofu Skin	Goji berry broccoli
		豆干拌海帶結	芝麻四季豆	玉米可樂餅	蘿蔔燴鮮菇
		Dried tofu with kelp knots	sesame green beans	Corn Croquettes	Radish and Fresh Mushroom Stew
		應時青菜	應時青菜	應時青菜	應時青菜
		Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
		味噌海芽湯	紅豆湯	豆芽蔬菜湯	仙草花豆甜湯/水果
		Miso Seaweed Soup	red bean soup	Bean Sprout and Vegetable Soup	Grass Jelly and Pinto Bean Dessert Soup/ Fresh Fruit
Date日期	9/7 (Monday)	9/8 (Tuesday)	9/9 (Wednesday)	9/10 (Thursday)	9/11(Friday)
Lunch Menu 菜單	梅汁烤肉丁	椰香雞柳	照燒豬肉	左宗雞雞丁	蒙古炒肉
	Plum Sauce Roasted Cubes	Coconut Chicken Strips	Teriyaki Pork	General Tso's Chicken	Mongolian fried pork
	海苔炸雞丁	酥脆卜肉條	糖醋雞肉	壽喜牛肉燒	酸甜菠蘿魚柳
	Fried Chicken with Seaweed	Crispy Pork Strips	Sweet and sour chicken	Sukiyaki	Sweet and sour pineapple fish fillet
	咖喱洋芋	什錦燒豆腐	南瓜蒸蛋	和風白花	培根玉米
	Curry Potatoes	Mixed Braised Tofu	Pumpkin Steamed Egg	Japanese-Style Cauliflower	Bacon Corn
	小瓜紅卜炒蛋	鮮菇四季豆	海帶豆干絲	蕃茄炒蛋	胡瓜油片
	Stir-fried zucchini and tomato with eggs	Fresh mushrooms and green beans	Kelp and dried tofu strips	Scrambled eggs with tomatoes	Sponge Gourd with Fried Tofu Slices
	應時青菜	應時青菜	應時青菜	應時青菜	應時青菜
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	黑糖粉圓甜湯	蘿蔔玉米湯	地瓜甜湯	紫菜湯	山粉圓甜湯/水果
	Brown Sugar Tapioca Pearls Soup	Carrot and corn soup	Sweet Potato Soup	Seaweed Soup	Sweet Soup with Yam and Rice Balls / Fresh Fruit
Date日期	9/14 (Monday)	9/15 (Tuesday)	9/16 (Wednesday)	9/17 (Thursday)	9/18 (Friday)
Lunch Menu 菜單	燒烤雞肉片	醬燒雞丁	三杯肉柳	甜豆花枝	梅干豬肉
	BBQ chicken fillet	Braised Chicken Cubes	Three cups of pork tenderloin	Stir-Fried Squid with Sweet Peas	Braised Pork Belly with Preserved Veggies
	油豆腐肉片	肉骨茶豬肉	檸檬雞柳條	麻油豬肉	咖哩雞丁
	Fried tofu with sliced meat	Bak Kut Teh Pork	Lemon Chicken Strips	Sesame oil pork	Curry Chicken
	蛋黃芋丸	螞蟻上樹	如意豆干絲	滷香凍豆腐	玉米豆干丁
	Egg yolk taro balls	Stir-Fried Glass Noodles with Minced Pork	shredded dried bean curd	Braised Frozen Tofu	diced corn and tofu
	白菜金菇	滷蛋	洋芋起司烘蛋	蘿蔔燒海帶結	青豆火腿燴蛋
	Cabbage, Golden Mushrooms	braised egg	Potato Cheese Baked Eggs	Braised Radish with Kelp Knots	Green peas, ham, and egg stew
	應時青菜	應時青菜	應時青菜	應時青菜	應時青菜
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
	綠豆湯	冬瓜魚羹湯	青蛙下蛋	玉米蛋花湯	花豆珍珠圓/水果
	mung bean soup	Winter melon and fish soup	Wild Basil Seeds with Tapioca Pearls	Corn and Egg Drop Soup	Pinto Beans and Tapioca Pearls/ Fresh Fruit
Date日期	9/21 (Monday)	9/22 (Tuesday)	9/23 (Wednesday)	9/24 (Thursday)	9/25 (Friday)
Lunch Menu 菜單	茄汁肉丁	鹹水雞	紅燒肉片	照燒肉柳	
	Diced Meat in Tomato Sauce	Boiled salty chicken	braised pork slices	Teriyaki pork tenderloin	
	芝麻燒雞柳	蜜汁叉燒	義式香草雞丁	鹹酥雞丁	
	Sesame Chicken Strips	Honey-glazed Barbecued Pork	Italian Herb Chicken	Salted Crispy Chicken Cubes	
	金菇娃娃菜	奶油絲瓜	玉米培根炒蛋	櫛瓜炒蛋	
	Golden mushroom baby bok choy	Cream loofah	Corn and Bacon Scrambled Eggs	Stir-fried zucchini with eggs	Mid-Autumn Festival
	胡瓜鮮菇	蘆筍黃豆芽	梅粉地瓜球	糖醋豆腐	中秋節
	Cucumber and Fresh Mushroom	Asparagus and soybean sprouts	Sweet potato balls with plum powder	Sweet and sour tofu	
	應時青菜	應時青菜	應時青菜	應時青菜	
	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	
	百香QQ甜湯	紫菜豆腐湯	椰奶西米露	蕃茄白菜湯	
	Passion Fruit QQ Sweet Soup	Seaweed and tofu soup	Coconut Milk Sago Pudding	Tomato and cabbage soup	
Date日期	9/28 (Monday)	9/29 (Tuesday)	9/30 (Wednesday)		
Lunch Menu 菜單		蕃茄雞丁	橙汁雞柳		
		Tomato Chicken	Orange Sauce Chicken Tenders		
		高麗菜豬肉水餃	滑蛋牛肉		
		Cabbage and pork dumplings	Beef with smooth egg		
		海苔洋芋	枸杞冬瓜		
	Teacher's Day 教師節	Seaweed potato	Goji berries and winter melon		
		豆芽炒蛋	五味豆干		
		Bean sprouts and eggs	Five-Flavor Dried Tofu		
		應時青菜	應時青菜		
		Seasonal Vegetables	Seasonal Vegetables		
		玉米排骨湯	珍珠冬瓜露		
		Corn and pork rib soup	Pearl Winter Melon Dew		