

2025 September Lunch Menu



9/1 (Mon) Sautéed Beef with Green Pepper 青椒牛肉片 Side Dish 配菜 Stir-fried Cabbage 炒高麗菜 Creamed Corn 奶油玉米 Steamed Sweet Buns 銀絲卷 Halal清真主餐: Sautéed Beef with Green Pepper 青椒牛肉片	9/2 (Tues) Braised Pork with Potato 馬鈴薯燉肉 Side Dish 配菜 Edamame with Egg 炒青江菜 Stir-fried Cabbage 炒香茄子 Potato Salad 蜜地瓜 Halal清真主餐: Curry Chicken 橙汁雞球	9/3 (Wed) Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Edamame with Egg 毛豆炒蛋 Stir-fried Cabbage 炒高麗菜 Potato Salad 馬鈴薯沙拉 Halal清真主餐: Curry Chicken 咖哩雞	9/4 (Thurs) Plum Sauce Chicken 梅子燒雞 Side Dish 配菜 Corn with Egg 玉米炒蛋 Basil Eggplant 塔香茄子 Skin-on French Fries 帶皮薯條 Halal清真主餐: 梅子燒雞Plum Sauce Chicken	9/5 (Fri) Sweet & Sour Pineapple Chicken 鳳梨咕咕雞 Side Dish 配菜 Amaranth with Whitebait 吻魚莧菜 Vermicelli with Minced Pork 螞蟻上樹 Steamed Meatball 清蒸肉圓 Halal清真主餐: Sweet & Sour Pineapple Chicken 鳳梨咕咕雞
9/8 (Mon) Stir-fried Beef with Cucumber in Soy Sauce 醬爆黃瓜牛肉 Side Dish 配菜 Bean Curd with Napa Cabbage 豆皮大白菜 Tomato with Egg 番茄炒蛋 Siu Mai Dumplings 燒賣 Halal清真主餐: Stir-fried Beef with Cucumber in Soy Sauce 醬爆黃瓜牛肉	9/9 (Tues) Boneless Chicken with Scallion Oil 蔥油無骨雞 Side Dish 配菜 Stir-fried Cabbage 炒高麗菜 Braised Tofu 紅燒豆腐 Steamed Sweet Buns 蒸銀絲卷 Halal清真主餐: Boneless Chicken with Scallion Oil 蔥油無骨雞	9/10 (Wed) Rosemary Grilled Chicken Steak 迷迭香烤雞排 Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Minced Meat with Beans 肉末炒豆子 Oden 關東煮 Potato Salad 馬鈴薯沙拉 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce 醬爆雞球	9/11 (Thurs) Braised Pork 雙色燉肉 Side Dish 配菜 Iron Plate Tofu 鐵板豆腐 Stir-fried Cabbage 炒高麗菜 Braised Egg 魯蛋 Halal清真主餐: Beef with Scrambled Egg 滑蛋牛肉	9/12 (Fri) Lemon Chicken Roll 檸檬雞肉卷 Side Dish 配菜 Stir-fried Cabbage 清炒高麗菜 Corn with Egg 玉米炒蛋 Candied Sweet Potato 蜜地瓜 Halal清真主餐: Lemon Chicken Roll 檸檬雞肉卷
9/15 (Mon) Pasta with Red Sauce 泡菜炒牛肉片 Side Dish 配菜 Stir-fried Chinese Cabbage 毛豆炒蛋 Cold Bean Curd 炒青江菜 Siu Mai Dumplings 蜜地瓜 Halal清真主餐: Kung Pao Chicken Balls 泡菜炒牛肉片	9/16 (Tues) Sweet & Sour Pork 糖醋咕咕肉 Side Dish 配菜 Dry-fried String Beans 乾煸四季豆 Bean Curd with Napa Cabbage 豆皮大白菜 Custard Bun 奶皇包 Halal清真主餐: Fried Chicken Cutlet 炸雞排	9/17 (Wed) Italian Herb Chicken Roll 義式料料雞卷 Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Stir-fried Chinese Cabbage 炒鵝白菜 Cold Bean Curd 涼拌豆乾 Siu Mai Dumplings 燒賣 Halal清真主餐: Kung Pao Chicken Balls 宮保雞球	9/18 (Thurs) Braised Pork 雙色燉肉 Side Dish 配菜 Oil Tofu with Bamboo Shoots 油豆腐筍絲 Corn with Egg 玉米炒蛋 Turnip Cake 蘿蔔糕 Halal清真主餐: Boneless Chicken with Scallion Oil 無骨蔥油雞	9/19 (Fri) Thai Chili Chicken 泰式椒麻雞 Side Dish 配菜 Salted Egg Tofu 金沙豆腐 Edamame with Egg 毛豆炒蛋 Steamed Sweet Buns 蒸銀絲卷 Halal清真主餐: Lemon Chicken Roll 檸檬雞肉卷
9/22 (Mon) Black Pepper Beef Fillet 黑胡椒牛柳 Side Dish 配菜 Garlic Water Spinach 蒜香空心菜 Salted Egg Tofu 金沙豆腐 Takoyaki 章魚燒 Halal清真主餐: Black Pepper Beef Fillet 黑胡椒牛柳	9/23 (Tues) Thai Basil Minced Pork 打拋豬肉 Side Dish 配菜 Oden 關東煮 Garlic Cauliflower 蒜香花椰菜 Brown Sugar Steamed Bun 黑糖饅頭 Halal清真主餐: Boneless Chicken with Scallion Oil 蔥油無骨雞	9/24 (Wed) Sous Vide Chicken with Tomato Salsa 舒肥雞佐蕃茄莎莎醬 Pasta with Red Sauce 紅醬義大利麵 Side Dish 配菜 Cabbage with Egg 高麗菜炒蛋 Stir-fried Pork with Cucumber 小黃瓜炒肉絲 Steamed Meatball 清蒸肉圓 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce 醬爆雞球	9/25 (Thurs) Stir-fried Pork Belly with Scallion 蔥爆五花肉片 Side Dish 配菜 Garlic Sautéed Chayote Leaves 蒜香龍眼菜 Fried Shrimp Roll炸蝦卷 Custard Bun 奶皇包 Halal清真主餐: Beef with Scrambled Egg 滑蛋牛肉	9/26 (Fri) Stir-fried Pork Belly in Soy Sauce 醬爆五花肉 Side Dish 配菜 Stir-fried Bamboo Shoots 炒桂竹筍 Scallion with Egg 香蔥炒蛋 Steamed Sweet Buns 蒸銀絲卷 Halal清真主餐: Lemon Chicken Roll 檸檬雞肉卷
9/29 (Mon) Make-Up Holiday for Teacher's Day 教師節補假	9/30 (Tues) Railway Pork Chop 鐵道豬排 Side Dish 配菜 Mapo Tofu 麻辣豆腐 Creamed Squash 奶油南瓜 Onion with Egg 洋葱炒蛋 Halal清真主餐: Sautéed Chicken Balls in Soy Sauce 醬爆雞球			