

HSINCHU AMERICAN SCHOOL 2025 May Lunch Menu



			5/1(Thurs)	5/2 (Fri)
			Steamed Sea Bass with Pineapple Sauce 鳳梨醬蒸鱸魚片	Japanese Fried Chicken 唐揚炸雖
			Side Dish 配菜 Sweet and Sour Cabbage醋溜高麗菜 Stir-frited Eggs with Onions洋蔥炒蛋 3 Potato Wedges帶皮蓄條	Side Dish 配菜 Garlic Stir-fried Water Spinach蒜香空心菜 Steamed Egg with Shrimp小蝦仁蒸蛋 Dumplings鹹水餃
			Halal清真主餐: Steamed Sea Bass with Pineapple Sauce 鳳梨醬蒸鱸魚片	Halal清真主餐: Japanese Fried Chicken 唐揚炸雞
5/5 (Mon)	5/6 (Tues)	5/7 (Wed)	5/8 (Thurs)	5/9 (Fri)
Beef with Chinese Broccoli in Oyster Sauce 蠔油芥蘭牛肉	Chicken Curry 咖哩雞球	Pork Sukiyaki 豬柳壽喜燒	Pineapple Shrimp Balls 鳳梨蝦球	Crispy Chicken with Chili-Peppercorn Sauce 無骨椒麻雞
Side Dish 配菜 Stir-Fried Cabbage with Fermented Tofu 腐乳高麗菜 Tomato scrambled egg: 蕃茄炒蛋 Lemon Chicken Strips 博祿建柳	Side Dish 配菜 Stir-Fried Loofah with Goji Berries and Shio Koji 鹽麴和在絲瓜 Spicy Sichuan Tofu 麻辣嫩豆腐 Siomai検賣	Side Dish 配菜 Stir-Fried Sour Mustard Greens with Tofu Skin 酸菜炒豆包 Stir-Fried Celery 炒芹菜 Sweet Potato Fries With Plum Powder 梅粉薯條	Side Dish 配菜 Stir fried shredded pork 桿菜炒肉絲 Oyster Sauce Bok Choy 蠔油青江菜 Custard Bun 奶皇包	Side Dish 配菜 Scrambled Eggs with Corn玉米炒蛋 Stir-fried Water Spinach with Fermented Bean Curd 腐乳空心菜 Steamed Mini Buns 蒸黑糖小饅頭
Halal清真主餐: Beef with Chinese Broccoli in Oyster Sauce 蟾油芥蘭牛肉	Halal清真主餐: Chicken Curry 咖哩雞球	Halal清真主餐: Saucy Chicken Bites 醬爆雞球	Halal清真主餐: Pineapple Shrimp Balls 風梨蝦球	Halal清真主餐: Crispy Chicken with Chili-Peppercorn Sauce 無骨椒麻雞
5/12 (Mon)	5/13 (Tues)	5/14 (Wed)	5/15 (Thurs)	5/16 (Fri)
Braised Pork Belly in Soy Sauce 醬燒五花肉	Braised Pork with Potatoes 馬鈴薯燉肉	Ham & Cheese-Stuffed Pork Cutlet 藍帶豬排	無骨蔥油雞 Boneless Scallion Oil Chicken	Japanese Fried Chicken 唐揚炸雞
Side Dish 配菜 Braised Egg: 魯蛋 Tofu Skin with Napa Cabbage 豆皮大白菜 Custard Bun 奶皇包	Side Dish 配菜 Stir-Fried Dragon Beard Vegetable 炒龍鬚菜 Tomato scrambled eggs 蕃茄炒蛋 Butter Corn Kernels 奶油玉米粒	Side Dish 配菜 Basil Tofu Sheets 塔香豆包 Stir-Fried Ground Pork with String Beans 肉未炒四季豆 Lemon Chicken Strips 檸檬雞柳	Side Dish 配菜 Sweet and Sour Cabbage 醋溜高麗菜 Stir-fried Eggs with Edamame毛豆炒蛋 Potato Wedges 帶皮薯條	Side Dish 配菜 Garlic Stir-fried Water Spinach蒜香空心菜 Steamed Egg with Shrimp 小蝦仁蒸蛋 Turnip Cake蘿蔔糕
Halal清真主餐: Stir-Fried Beef Tenderloin with Black Pepper 黑椒炒牛柳	Halal清真主 餐: Fried Chicken Cutlet炸雞排	Halal清真主餐: Crispy Fried Chicken 香酥炸雞	Halal清真主餐: 無骨蔥油雕 Boneless Scallion Oil Chicken	Halal清真主餐: Japanese Fried Chicken 唐揚炸雞
5/19 (Mon)	5/20 (Tues)	5/21 (Wed)	5/22 (Thurs)	5/23 (Fri)
Bean Sprout Beef Stir-fry 豆芽炒牛肉	Chicken curry 咖哩雞球	Pork Sukiyaki 豬柳壽喜燒	Thai-Style Lemon Fish Fillets 泰式檸檬魚片	
Side Dish 配菜 Braised Winter Melon紅燒冬瓜 Tomato scrambled egg: 蕃茄炒蛋 Siomai燒賣	Side Dish 配菜 Stir-Fried Loofah with Goji Berries and Shio Koji 鹽麴构杞絲瓜 Stir-Fried Cabbage with Eggs 高麗菜絲炒蛋 Hash Browns 薯格格	Side Dish 配菜 Stir-Fried Shredded Pork with Bamboo Shoots 桂竹筍炒肉絲 Cold Tossed Celery with Shredded Tofu 涼拌芹菜乾絲 Sweet Potato Fries With Plum Powder 梅粉薯條	Side Dish 配菜 Golden Sand Tofu 金沙豆腐 Stir-fried edamame with egg 毛豆炒蛋 Potato Wedges 帶皮薯條	All School Trip 全校旅行
Halal清真主餐: Bean Sprout Beef Stir-fry 豆芽炒牛肉	Halal清真主餐: Chicken curry 咖哩雞球	Halal清真主餐: Orange Chicken Balls 橙汁雞球	Halal清真主餐: Thai-Style Lemon Fish Fillets 泰式檸檬魚片	
5/26 (Mon)	5/27 (Tues)	5/28 (Wed)	5/29 (Thurs)	5/30 (Fri)
Steamed Minced Pork with Pickled Cucumber 蒸花瓜仔肉	CStir-fried Garlic Sprouts with Cured Pork 蒜苗鹹豬肉	Black Pepper Pork Strips 黑胡椒豬柳	Tomato Sauce Pasta 紅蔷義大利麵	
Side Dish 配菜 Braised Eggs魯蛋 Stir-fried Napa Cabbage炒鵝白菜 Custard Bun奶皇包	Side Dish 配菜 Stir-fried Napa Cabbage 炒鵝白菜 Spicy Sichuan Tofu 麻辣嫩豆腐 Brown Sugar Mini Buns蒸黑糖小鰻頭	Side Dish 配菜 Basil Tofu Sheet.塔香豆包 Stir-Fried Ground Pork with String Beans 肉末炒四季豆 Steamed Bread Roll 蒸銀絲卷	Side Dish 配菜 Stir fried Cabbage清炒高麗菜 Soft Scrambled Eggs with Two Mushrooms雙菇嫩蛋 Potato Salad馬鈴薯沙拉	Dragon Boat Festival 端午節
Halal清真主餐: Stir-Fried Beef Tenderloin with Black Pepper 黑椒炒牛柳	Halal清真主餐: Chicken curry 咖哩雞球	Halal清真主餐: Crispy Fried Chicken 香酥炸雞	Halal清真主餐: Three-Cup Chicken Bites 三杯雞球	