



# 2024 MAY LUNCH MENU

		05/01	05/02	05/03
		三杯炒雞球 Tree Cup Chicken 配菜：1 麻婆豆腐 Mapo tofu 2 白花椰菜 Stir-fried Cauliflower 3 炸小饅頭(要糖粉) Deep Fried Bun Halal 清真@主餐：豆酥鱈魚 Sea bass with crispy beans	酥炸雞排 Deep-fried chicken drumsticks 配菜：豆干炒肉絲 Stir-Fried Hard Bean Curd With Shredded Pork 2 蜆菜 Seasonal Greens 3 炸帶皮薯條 French fries Halal 清真@主餐：照燒牛小排 Teriyaki Beef Short Rib	洋蔥炒豬肉片 Stir-fried Pork with onions 配菜：1 蒜苗炒香腸 Stir-fried garlic sprout and sausage 2 蒜香油菜 Seasonal Greens 3 炸洋蔥圈 Fried onion rings Halal 清真@主餐：滑蛋蝦球 Shrimp Scramled Egg
05/06(一)	05/07(二)	05/08(三)	05/09(四)	05/10(五)
滷雞腿 Braised Chicken legs 配菜：1 魯蛋 Braised Egg 2 炒皇宮菜 Stir-fried Ceylon spinach 3 炸薯條 French Fries Halal 清真@主餐：洋蔥雪花牛 Onion Beef Stir-fry	干燒蝦球 Dry-fried shrimp balls 配菜：1 素蠔油芥蘭 Chinese Kale 2 皮蛋炒豆干 Perserved Egg with Dried Tofu 3 炸雞米花 Popcorn chicken Halal 清真@主餐：干燒蝦球 Dry-fried shrimp balls	咖哩雞球 Chicken curry 配菜：玉米洋蔥蛋 Onion Corn Scrambled Egg 2 地瓜葉 Seasonal Greens 3 炸甜不辣 Fried Fish Cake Halal 清真@主餐：蔥爆雞球 Scallion Chicken	日式酥炸豬排 Jeapsnes-style fried pork chop 配菜：1.豆干炒肉絲 Stir-Fried Hard Bean Curd With Shredded Pork 2. 毛豆炒蛋 Stir-fried edamame with egg 3 炸帶皮薯條 French fries Halal 清真@主餐：照燒牛小排 Teriyaki Beef Short Rib	橙汁雞球 Orange chicken ball 配菜：1 金沙豆腐 Salted-egg Tofy 2 大黃瓜炒真丸 Seasonal Vegetables 3 炸小饅頭(要糖粉) Deep Fried Bun Halal 清真@主餐：豆酥鱈魚 Sea bass with savory crisbean
05/13(一)	05/14(二)	05/15(三)	05/16(四)	05/17(五)
青椒炒牛肉 Stir-fried Beef with Green Peppers 配菜：1 培根高麗 Bacon Cabbage Stir-fry 2 蕃茄炒蛋 Tomato scrambled eggs 3 炸地瓜球 Fried Sweet Potato Balls Halal 清真@主餐：黑椒牛柳 Black pepper beef	鹹蛋蒸肉餅 Steamed Meatloaf with Salted Duck Egg 配菜：1 麻婆豆腐 Mapo tofu 2 炒菠菜 Stir-fried spinach 3 炸微笑薯餅 Deep fried hashbrown Halal 清真@主餐：金沙雞球 Salted-egg Chicken	避風塘魚片 Fish Fillet with Dried Garlic 配菜：1 紅燒豆腐 Soy sauce braised tofu 2 白花椰菜 Stir-fried Cauliflower 3 炸蘿蔔糕 Radish Cake Halal 清真@主餐：香料烤鱈魚 Baked Sea Bass with Spices	酥炸雞腿排 Deep-fried chicken drumsticks 配菜：1 金沙豆腐 Salted-egg Tofy 2.咖哩馬鈴薯 Curry Potatoes 3. 蝦卷 Fried shrimp roll Halal 清真@主餐：糖醋雞球 Sweet and Sour Chicken	壽喜燒豬柳 Shogayaki Pork Fillet 配菜：1 蒜苗炒香腸 Stir-fried garlic sprout and sausage 2 蒜香油菜 Seasonal Greens 3 炸洋蔥圈 Fried onion rings Halal 清真@主餐：滑蛋蝦球 Shrimp Scramled Egg
05/20(一)	05/21(二)	05/22(三)	05/23(四)	05/24(五)
紅燒滷豬肉(加紅白蘿卜) Braised pork 配菜：1 魯蛋 Braised Egg 2 炒皇宮菜 Stir-fried Ceylon spinach 3 炸薯條 French Fries Halal 清真@主餐：咖哩牛肉 Beef Curry	三杯炒雞球 Tree Cup Chicken 配菜：1 素蠔油芥蘭 Chinese Kale 2 皮蛋炒豆干 Perserved Egg with Dried Tofu 3 章魚燒 Japanese-style takoyaki Halal 清真@主餐：梅汁雞球 Plum Chicken	咖哩雞球 Chicken curry 配菜：1 玉米洋蔥蛋 Onion Corn Scrambled Egg 2 地瓜葉 Seasonal Greens 3 炸甜不辣 Fried Fish Cake Halal 清真@主餐：蔥爆雞球 Scallion Chicken	日式炸豬排 Jeapsnes-style fried pork chop 配菜：1 豆干炒肉絲 Stir-Fried Hard Bean Curd With Shredded Pork 2. 毛豆炒蛋 Stir-fried edamame with egg 3 炸帶皮薯條 French fries Halal 清真@主餐：照燒牛小排 Teriyaki Beef Rib	End of Semester Trip
05/27(一)	05/28(二)	05/29(三)	05/30(四)	05/31(五)
蠔油芥蘭牛肉 Oyster Sauce Beef with Chinese Broccoli 配菜：1 培根高麗 Bacon Cabbage Stir-fry 2 蕃茄炒蛋 Tomato scrambled eggs 3 炸小湯圓(要糖粉) Fried Sweet Dumplings Halal 清真@主餐：黑椒牛柳 Black pepper beef	橙汁雞球 Orange Chicken Meatballs 配菜：1 炒菠菜 Stir-fried spinach 2 麻婆豆腐 Mapo tofu 3 炸薯餅 Deep fried hashbrown Halal 清真@主餐：金沙雞球 Salted-egg Chicken	三杯炒雞球 Tree Cup Chicken 配菜：1 金沙豆腐 Salted egg yolk tofu 2 白花椰菜 Stir-fried Cauliflower 3 炸小饅頭(要糖粉) Deep Fried Bun Halal 清真@主餐：豆酥鱈魚 Sea bass with crispy beans	酥炸雞腿排 Deep-fried chicken drumsticks 配菜：豆干炒肉絲 Stir-Fried Hard Bean Curd With Shredded Pork 2 蜆菜 Seasonal Greens 3 炸帶皮薯條 French fries Halal 清真@主餐：照燒牛小排 Teriyaki Beef Short Rib	洋蔥炒豬肉片 Stir-fried Pork with onions 配菜：1 蒜苗炒香腸 Stir-fried garlic sprout and sausage 2 蒜香油菜 Seasonal Greens 3 炸洋蔥圈 Fried onion rings Halal 清真@主餐：滑蛋蝦球 Shrimp Scramled Egg