



2024 OCTOBER LUNCH MENU

	10/01(二)	10/02(三)	10/03(四)	10/04(五)
	檸檬雞肉卷 Lemon Chicken Rolls 配菜：1 鐵板雞蛋豆腐 Hot Plate Tofu 2 蒜香龍鬚菜 Stir-fried Vegetables 3 奶油玉米節 Butter corn Halal 清真@主餐：雞卷 Taiwanese Chicken Rolls	梅干扣肉 Braised Pork Belly with Preserved Mustard Greens 配菜：1 麻婆豆腐 Mapo Tofu 2 炒大白菜 Fried Chinese Cabbage 3 炸薯條 French Fries Halal 清真@主餐：蔥爆牛肉 Stir-fried Beef with Sauce	樹子蒸鱸魚片 Steamed Sea Bass Fillet with Chinese Caper 配菜：1 薑絲蛋絲炒絲瓜 Stir-fried Hollow Heart Vegetable 2 塔香茄子 Eggplant with Basil 3 炸帶皮薯條 French fries Halal 清真@主餐：照燒牛小排 Teriyaki Beef Short Rib	藍帶炸豬排 Pork cordon Bleu 配菜：1 蒜香蒸蛋 Garlic-Flavored Steamed Egg 2 炒空心菜 Stri-fried Water Spinach 3 蒸紫+黃地瓜 Steamed sweet potato Halal 清真@主餐：泰式椒麻雞 Thai Pepper Salt Chicken Fillet
10/07(一)	10/08(二)	10/09(三)	10/10(四)	10/11(五)
鳳梨咕咾肉 Sweet and Sour Pork 配菜：1 九層塔炒蛋 Scrambled egg 2 青炒高麗菜 Stir-Fried Cabbage 3 炸鱈魚香絲 Deep Fried cod fish Strips Halal 清真@主餐：香酥魚片 Crispy Fish Fillets	馬鈴薯燉肉 Meat and Potato Stew 配菜：1 素蠔油芥蘭 Chinese Kale 2 高麗菜絲煎蛋 shredded cabbage omelette 3 章魚燒 Japanese-style takoyaki Halal 清真@主餐：茄汁蝦球 Shrimp Balls in Tomato Sauce	咖哩雞球 Chicken curry 配菜：1 青蔥炒蛋 Onion Scrambled Egg 2 白菜滷 Stewed Chines Cabbage 3 梅粉薯條 Sweet Potato Fries with Plum Powder Halal 清真@主餐：咖哩雞球 Chicken curry	放假	放假
10/14(一)	10/15(二)	10/16(三)	10/17(四)	10/18(五)
放假	檸檬雞肉卷 Lemon Chicken Rolls 配菜：1 涼拌煙燻豆皮 Tofu Skin Salad 2 炒空心菜 Stri-fried Water Spinach 3 炸花枝丸 Deep Fried Cuttlefish Balls Halal 清真@主餐：泰式椒麻雞 Thai Pepper Salt Chicken Fillet	梅干扣肉 Braised Pork Belly with Preserved mustard Greens 配菜：1 魯蛋 Braised Eggs 2 炒大白菜 Fried Chinese Cabbage 3 煎蘿蔔糕 Crispy Fried Carrot Cake Halal 清真@主餐：醬爆牛肉 Stir-fried Beef with Sauce	鐵道排骨 Braised Pork Chops 配菜：1 福菜油燻筍 braised bamboo shoot 2 毛豆炒蛋 Stir-fried edamame with egg 3 炸帶皮薯條 French fries Halal 清真@主餐：唐揚炸雞 Japanese-style Fried Chicken	藍帶炸豬排 Pork cordon Bleu 配菜：1 涼拌豆干絲 Shredded Tofu Salad 2 炒空心菜 Stri-fried Water Spinach 3 洋葱圈 Fried onion rings Halal 清真@主餐：鳳梨蝦球 Shrimp Balls with Pineapple
10/21(一)	10/22(二)	10/23(三)	10/24(四)	10/25(五)
蔥爆牛肉 Beef Stir-fried with Green Onions 配菜：1 腐乳炒高麗 Bacon Cabbage Stir-fry 2 蕃茄炒蛋 Tomato scrambled eggs 3 拔絲地瓜 Candied sweet potatoes Halal 清真@主餐：泡菜炒牛肉 Kimchi Beef	宮保蝦球(無花生)Kung Pao Prawns 配菜：1 素蠔油芥蘭 Chinese Kale 2 高麗菜絲煎蛋 Shredded cabbage omelette 3 章魚燒 Japanese-style takoyaki 清真@180 主餐：宮保蝦球 Kung Pao Prawns	咖哩雞球 Chicken curry 配菜：1 麻婆豆腐 Mapo tofu 2 炒鵝白菜 Seasonal Greens 3 馬鈴薯沙拉 Sweet Potato Salad 清真@180 主餐：咖哩雞球 Chicken curry	樹子蒸鱸魚片 Steamed Sea Bass Fillet with Chinese Caper 配菜：1 金沙豆腐 Salted-egg Tofu 2 咖哩馬鈴薯 Curry Potatoes 3 蒜香青江菜 Garlic Green Vegetables Halal 清真@主餐：糖醋雞球	鳳梨咕咾肉 Sweet and Sour Pork 配菜：1 蒜香蒸蛋 Garlic-Flavored Steamed Egg 2 炒莧菜 Seasonal greens 3 馬蹄條 Fried Water Chestnut Cake Halal 清真@主餐：泰式椒麻雞 Thai Pepper Salt Chicken Fillet
10/28(一)	10/29(二)	10/30(三)	10/31(四)	
回鍋肉片 Sautéed Sliced Pork with Pepper and Chili 配菜：1 玉米炒蛋 Corn Scrambled egg 2 炒高麗菜 Stir-Fried Cabbage 3 炸鱈魚香絲 Deep Fried cod fish Strips Halal 清真@主餐：咖哩牛肉 Beef Curry	馬鈴薯燉肉(雞蛋豆腐) Meat and Potato Stew 配菜：1 鐵板雞蛋豆腐 Hot plate tof(u) 2 蒜香龍鬚菜 Stir-fried Vegetables 3 蒸小饅頭 Steamed Buns Halal 清真@主餐：滷雞腿 Braised Chicken Drumsticks	泰式椒麻雞 Thai Style Spicy Chicken 配菜：1 金沙豆腐 Salted-egg Tofu 2 咖哩馬鈴薯 Curry Potatoes 3 蝦卷 Fried shrimp roll Halal 清真@主餐：糖醋雞球 Sweet and Sour Chicken Balls	鐵道排骨 Braised Pork Chops 配菜：1 豆干炒肉絲 Stir-Fried Hard Bean Curd With Shredded Pork 2 毛豆炒蛋 Stir-fried edamame with egg 3 炸帶皮薯條 French fries Halal 清真@主餐：唐揚炸雞 Japanese-style Fried Chicken	